



**Mental health & homelessness
in toxic times:
can we make a difference & how?**

Lynne Friedli

Homelessness, Social Exclusion & Health Inequalities

London

4th March 2015

for Lulu RIP

Summary



*'Ain't got no place to lay your head. Somebody came and took your bed.
Don't worry, be happy'*

Bobby McFerrin

- Why are things the way they are?
- What do we think we're helping people **with**?
- What does this mean for partnerships & priorities?

Something to hold on to....



*I did not hear the bird sounds
They had left
I did not see the speechless clouds
I saw only the little white dish of my faith,
breaking in the crater.
I kept saying: I've got to have something
to hold on to.*

Anne Sexton

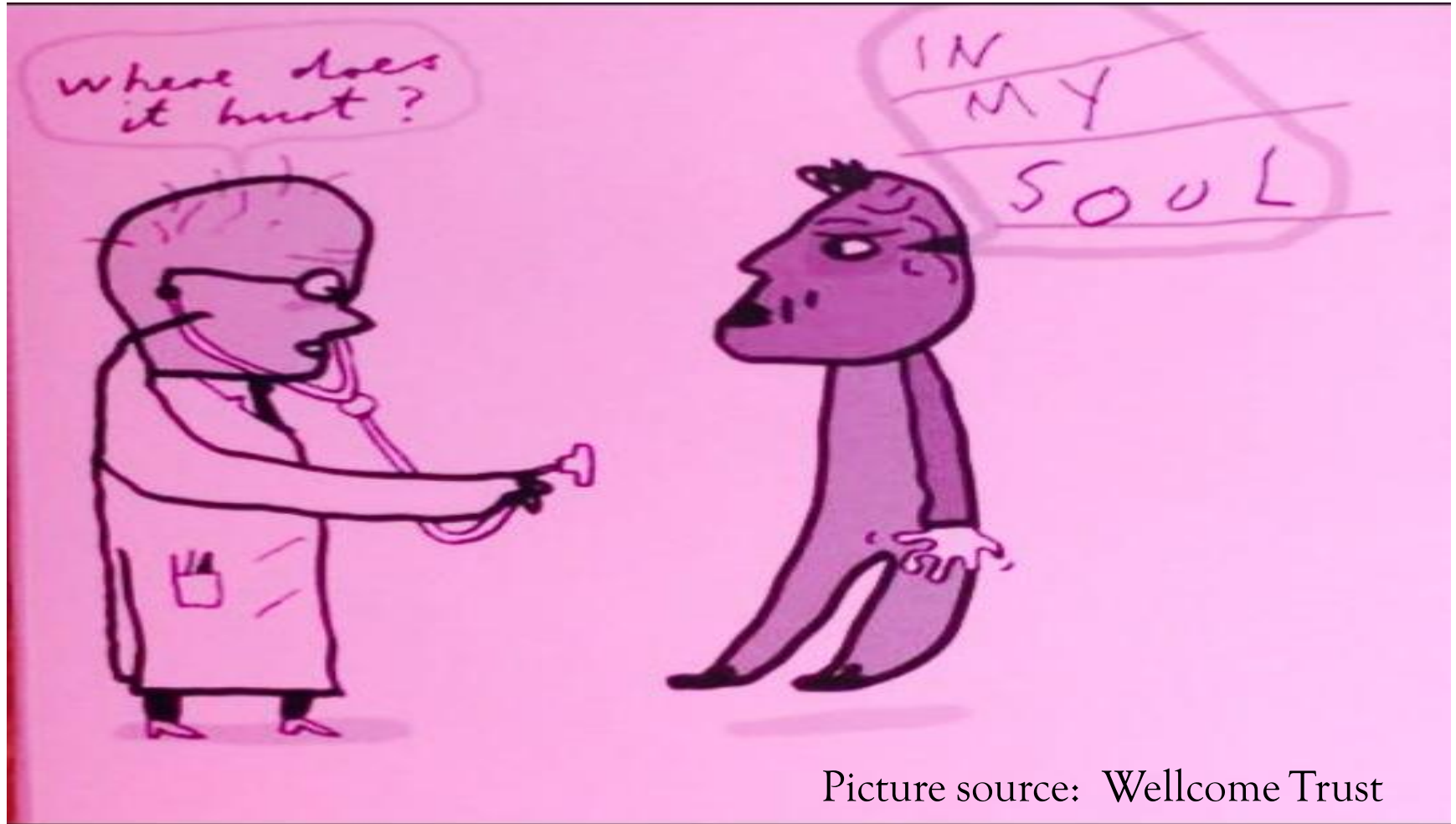


**Mad Culture
Mad Community**

madpride.org.uk

**Mad Rage
Mad Unity**

How we feel about, experience & interpret our lives



Picture source: Wellcome Trust

What we all need....



To be:

- Heard
- Believed
- Understood
- Respected



Picture Source: <http://sarahdrummond.wordpress.com/2010/12/13/an-assets-alliance-scotland/>

“Many homeless people have dogs because it increases their ability to generate additional giving” Bath Council



Beggars can be choosers

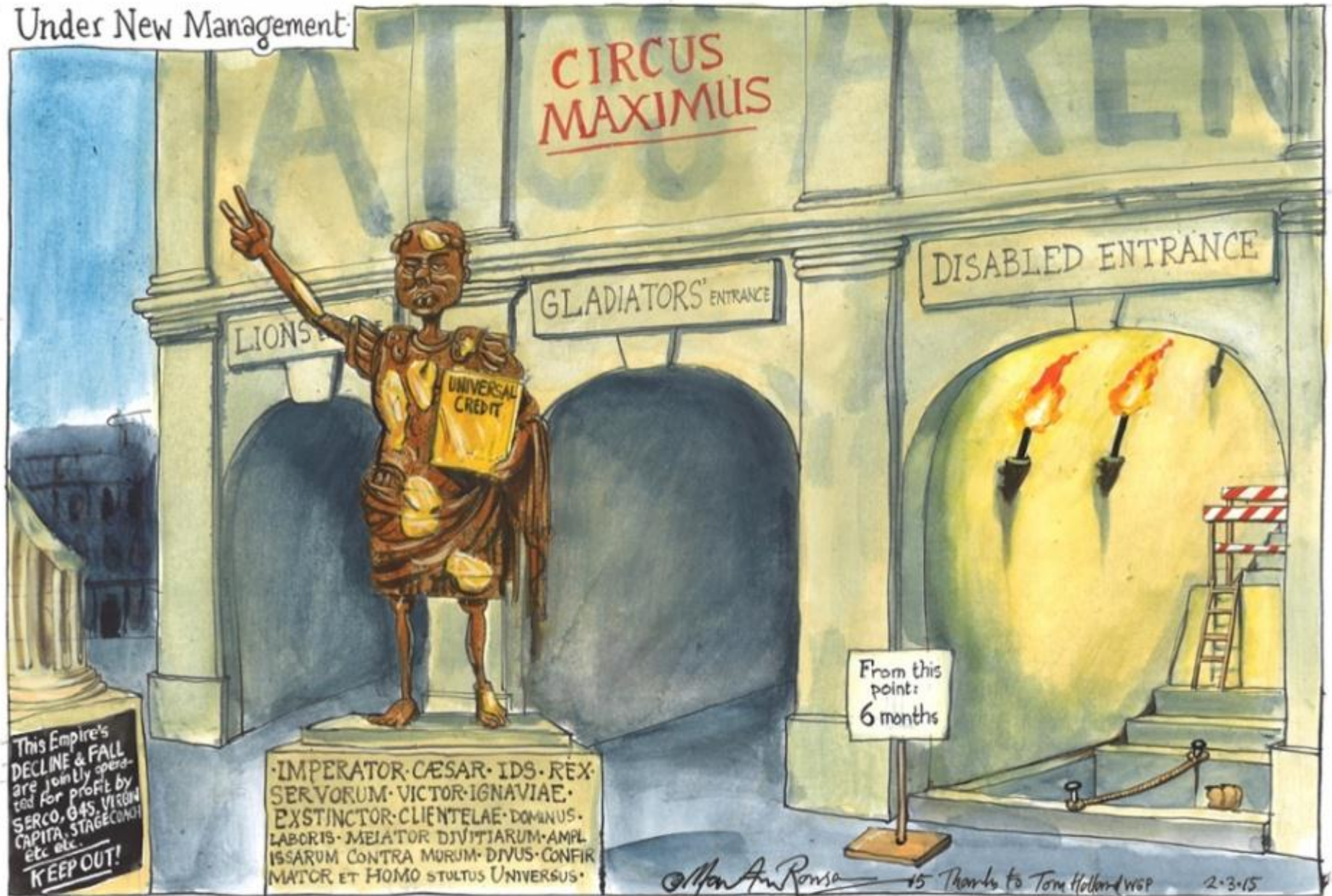
Beggars can choose:

- not to hassle or intimidate you for money
- to ask for help and support
- to consider how their actions affect local people and businesses

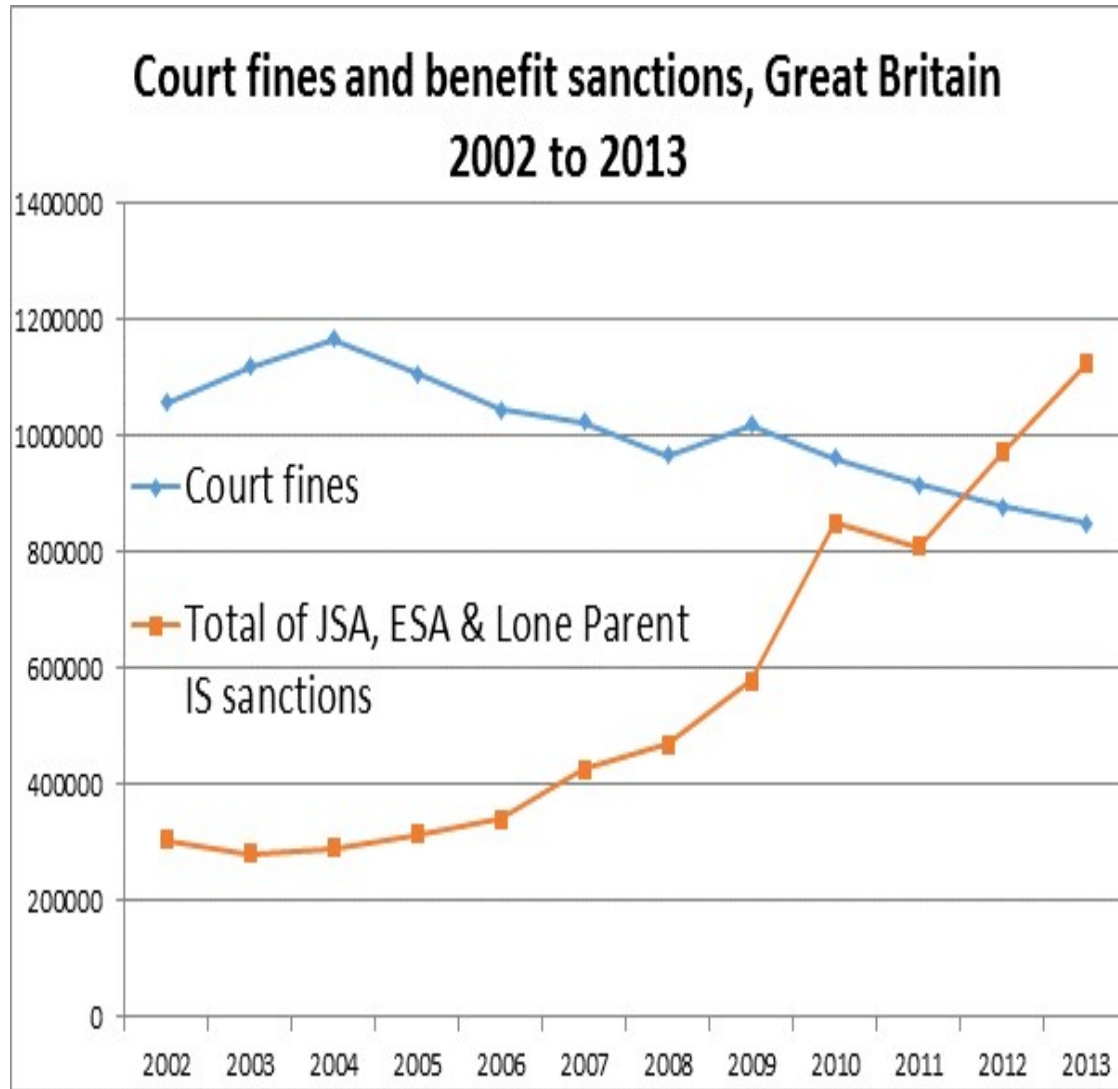
If beggars are affecting you or your area
talk to the Neighbourhood Nuisance Team
01482 300 300

 **Hull**
City Council

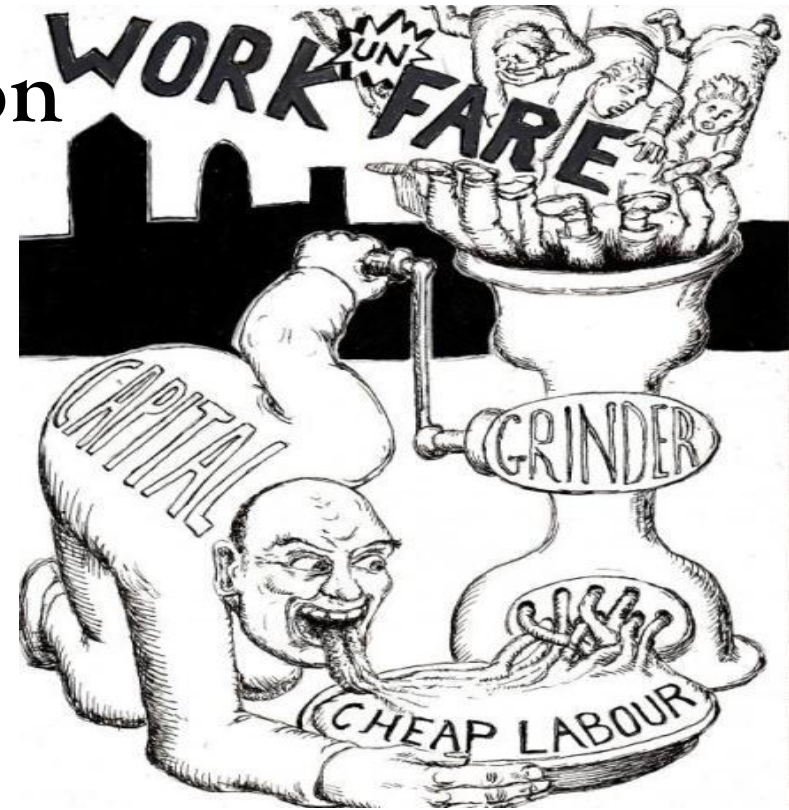
Under New Management.



Politics & Practice of Exclusion



David Webster Britain's secret penal system



How we understand what we're helping people with

'all forms of suffering involve layers of personal history, embedded in relationships that are, in turn, embedded in cultural and political systems'

Bracken, Thomas et al 2012



Understanding Psychosis and Schizophrenia

Why people sometimes hear voices, believe things that others find strange, or appear out of touch with reality ...and what can help

A report by the British Psychological Society
Division of Clinical Psychology



An overview of the current state of knowledge in the field, concluding that psychosis can be understood and treated in the same way as other psychological problems such as anxiety or shyness.



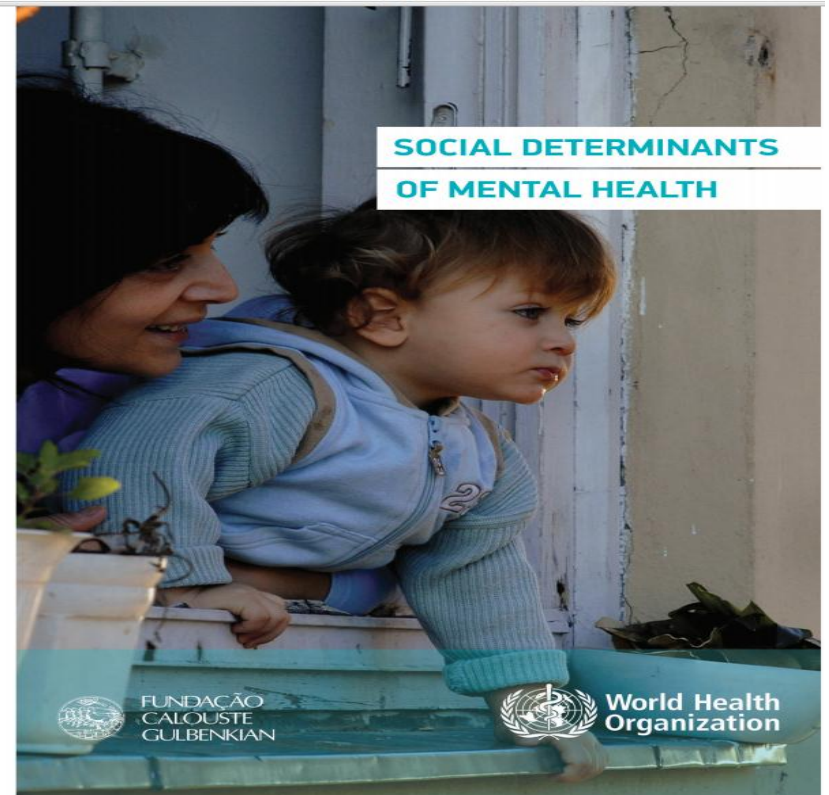
Artwork by Anita Klein

Building on the successful *Recent Advances in Understanding Mental Illness and Psychotic Experiences* (2000), this report is intended for service users, their friends and families, journalists, policymakers, mental health workers and the public. It will be published on 27th November 2014 and will be freely available to download from the DCP website <http://dcp.bps.org.uk/> and from www.understandingpsychosis.net

Edited by Anne Cooke

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Explaining the social gradient:



So many roads, so much at stake

So many dead ends, I'm at the edge of the lake

Sometimes I wonder what it's gonna take

To find dignity

Bob Dylan

- Material conditions – parents income, housing, education, occupation, employment
- Racism and other forms of discrimination
- Adverse life events: violence, abuse, neglect, illness, bereavement, relationship breakdown
- Contact with criminal justice system
- Institutional care in childhood

Commission on the Social Determinants of Health



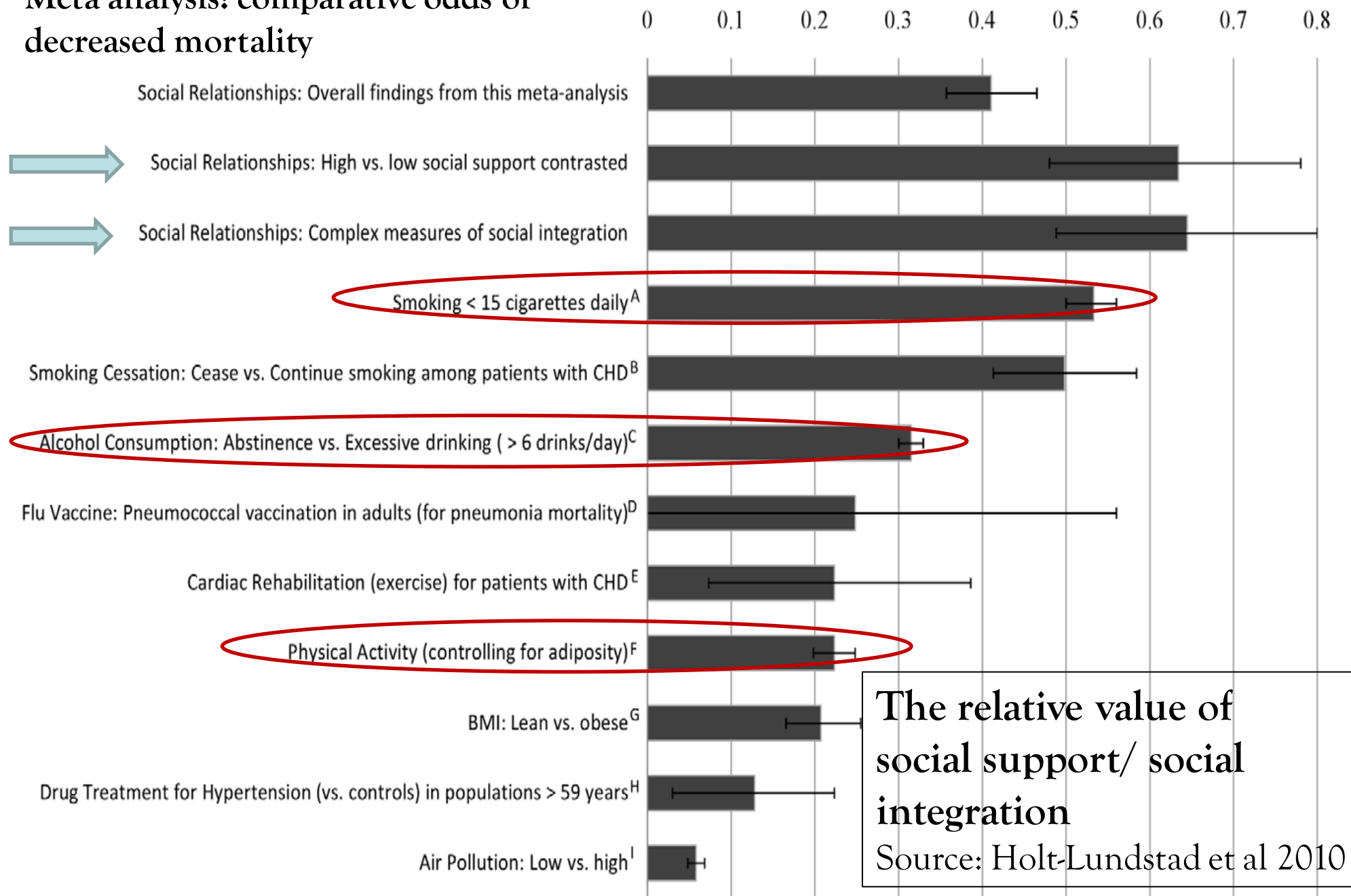
*You've no idea how strong the pull to feel worthwhile is.
More basic than food'.*

Linda Tirado Hand to Mouth

- material requisites
- psycho-social (control over lives)
- political voice (participation in decision making)

Status ↔ Control ↔ Relatedness

Meta analysis: comparative odds of decreased mortality



No health without
mental health

Closing the Gap: Priorities
for essential change in
mental health

Rhetoric and reality.....

**Whole-person care:
from rhetoric to reality**
**Achieving parity
between mental
and physical health**

Occasional paper OP88
March 2013

time to change
let's end mental health discrimination



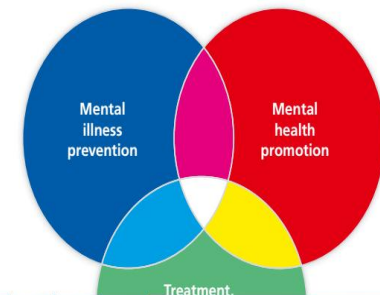
Public Health
England

National
Well-being

Annual Report of the
Chief Medical Officer 2013

Public Mental Health Priorities:
Investing in the Evidence

Public mental health: evidence based priorities
Chapter 2 – single page summary



Is recovery about being well enough to be thrown into the world of sharks? Where is the recovery model for the society of sharks?

Dolly Sen

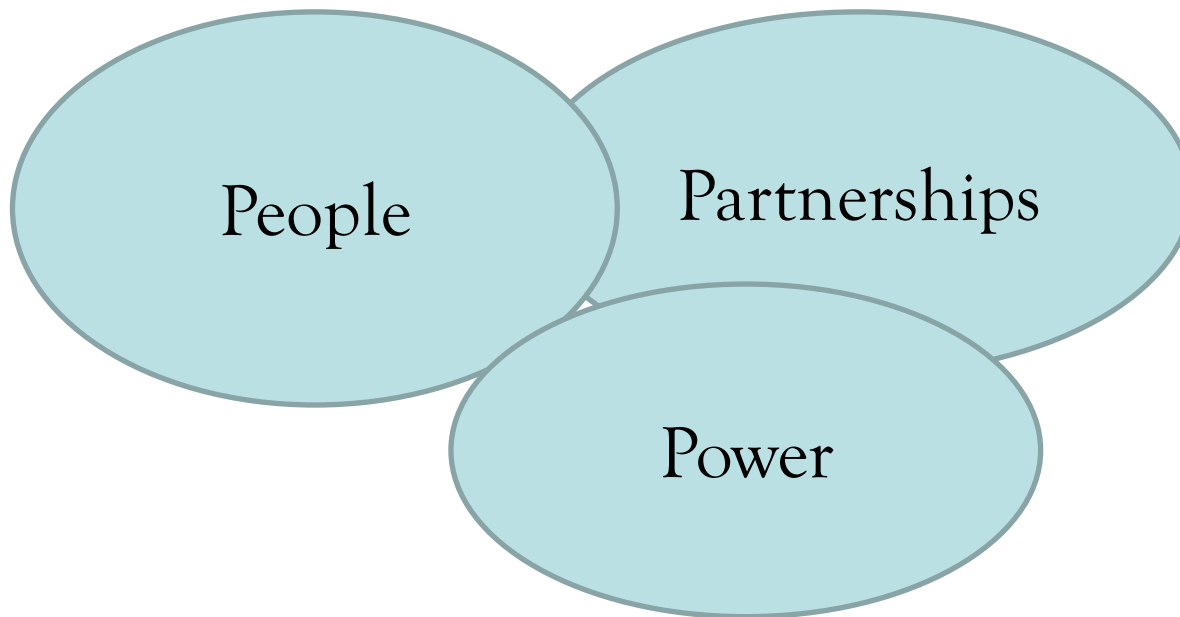


<http://mentalhealthrecovery.omeka.net/exhibits/show/dollysen/isrecoverytherightword>

Solidarity and collective action

It's in illness, old age and disability that we know what love is

Julia Fernandez





louis appleby

@ProfLAppleby



Following

Have pulled out of presentation on rising prison suicide at MoJ tomorrow after being told not to refer to falling staff nos.

[#HowGovtWorks](#)



RETWEETS

1,280

FAVORITES

361



2:38 AM - 22 Feb 2015



Lewis Mantus and Madlib colleagues: "Everyone knows I'm mad"
Fighting for madmen's



Mad Culture
Mad Community

madpride.org.uk

Mad Rage
Mad Unity



HEARING VOICES NETWORK
www.hearing-voices.org





SAME CIRCUS

DIFFERENT CLOWNS

**Come and join
the mass action!**



**SAY NO TO
MAXIMUS**

#Maximarse #ScrapWCA





So many times will you be killed
so many will you revive
so many years will you spend
despairing.

And at that moment of shipwreck
and of darkness
***someone will rescue you
to go on singing.***

Singing in the sun
like the Cicada....

https://www.youtube.com/watch?v=ww_kUkP998

María Elena Walsh: Como la cigarra / Like the Cicada

Select Bibliography



Many thanks for the research and testimony of Boycott Workfare, Warren Clark, Robert Stearn, Johnny Void and David Hanks



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[http://www.academia.edu/3366809/Introduction The Politics of Resilience and Recovery in Mental Health Care](http://www.academia.edu/3366809/Introduction_The_Politics_of_Resilience_and_Recovery_in_Mental_Health_Care)

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Wacquant L, Slater T et al (2014) Territorial stigmatization in action *Environment & Planning* 46:1270–1280

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<http://sociologicalimagination.org/archives/14013>

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