



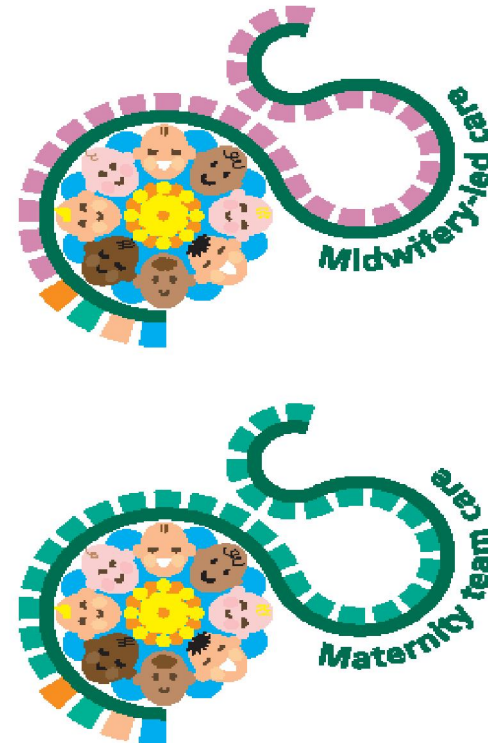
Promoting & Protecting Normal Birth on Labour Ward: The MLC Pathway

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NHS Trust

The Hillingdon Philosophy

**The Midwifery
Led Pathway is
for the
Protection &
Maintenance of
Normality**





Aim of the Pathway

- Choice for All women
- Beginning to end women will be involved in the decision making process
- To encourage a positive & flexible approach to care; which aims to facilitate choice and control



Aim of the Pathway

- Focus – Midwife Lead professional for midwifery led care
- To support women in making an informed choice & give the information they need
- Facilitation of ongoing assessment and clinical decision making

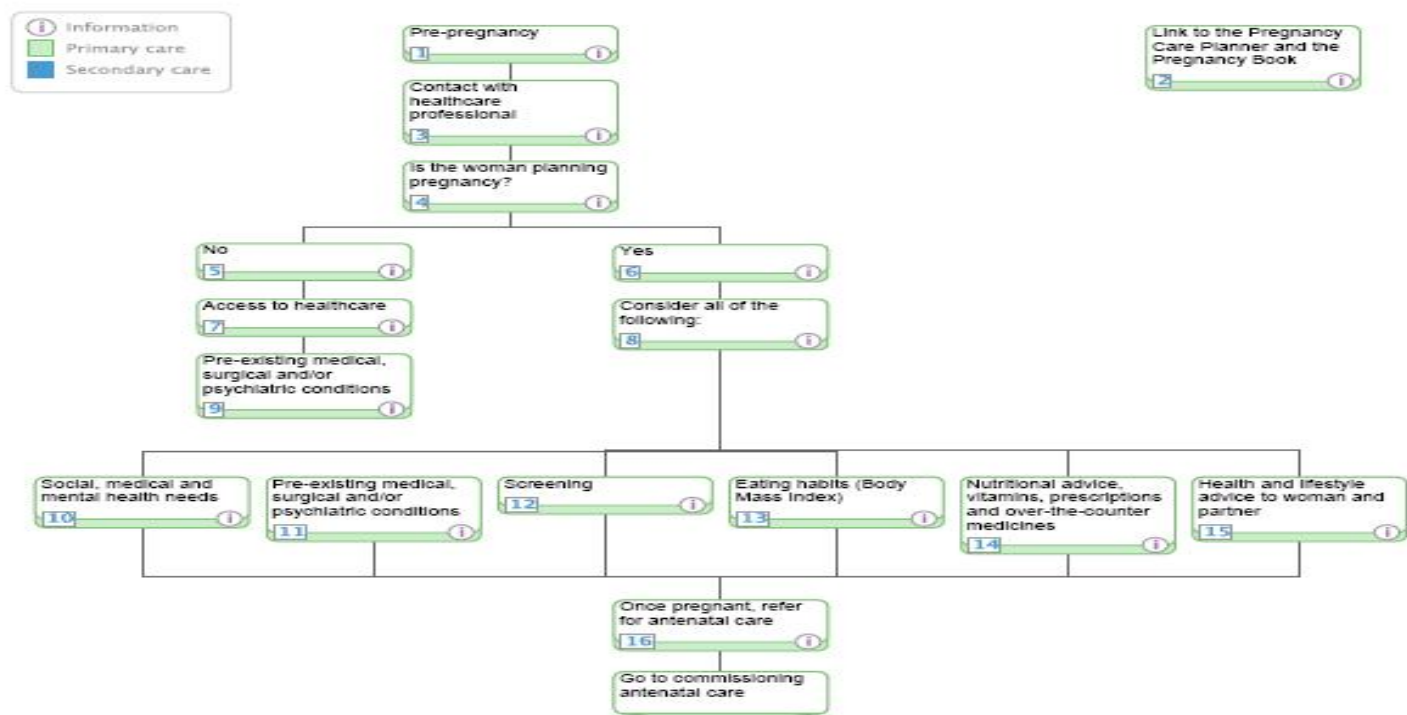


Map Of Medicine

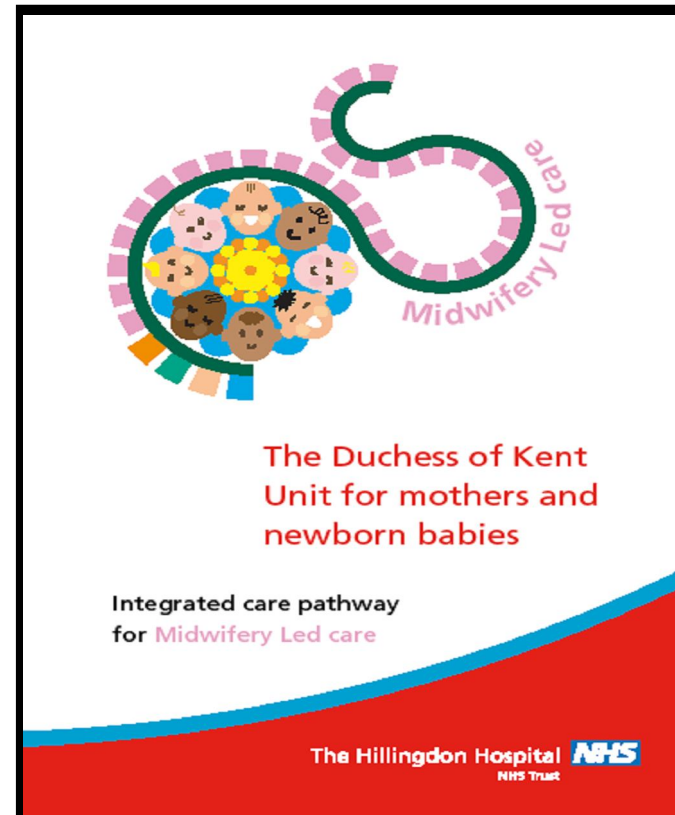
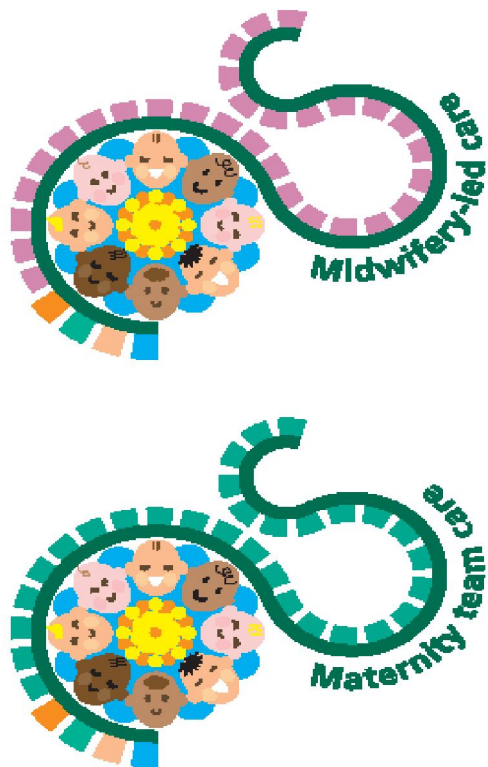
Preconception

Obstetrics and Gynaecology > Antenatal care > Preconception

 **map of medicine**[®]
Institute for Innovation
and Improvement **NHS**



The Concept



The Concept

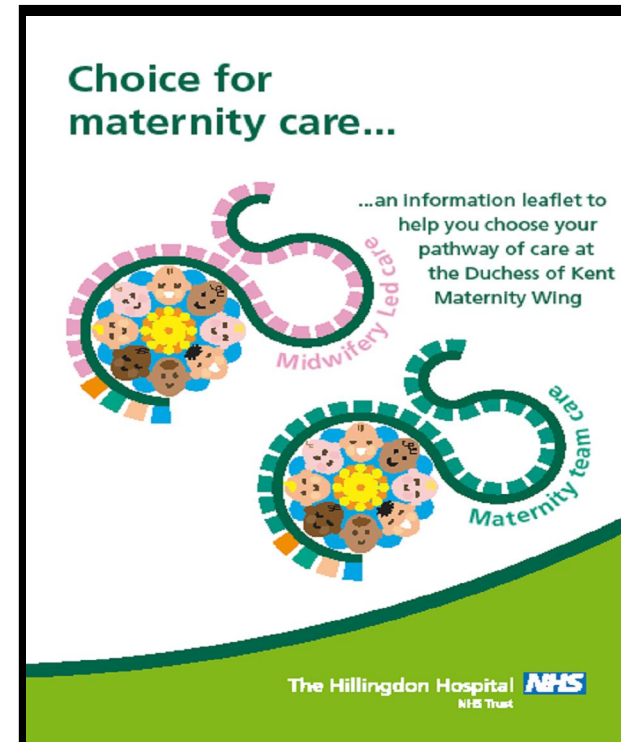
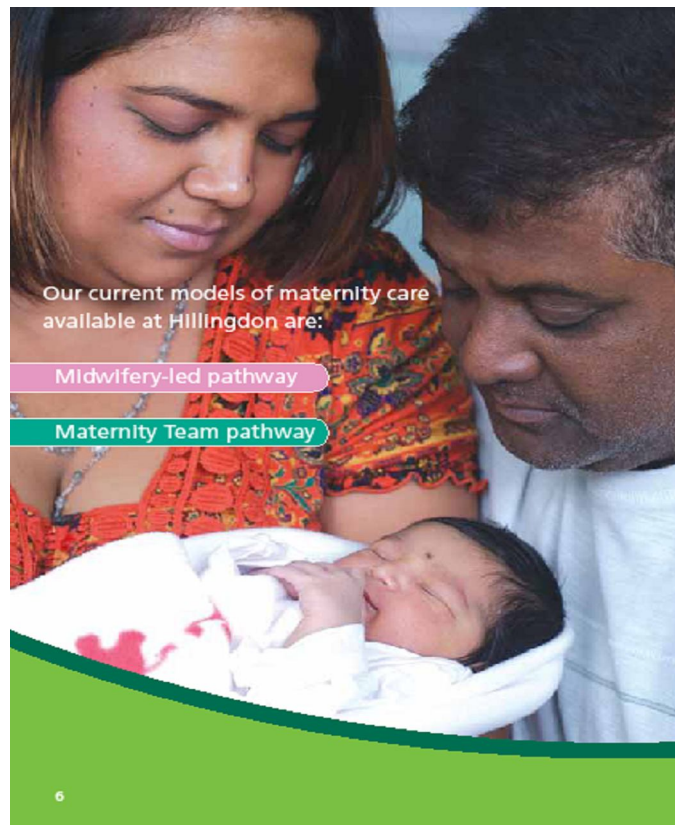


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The Launch April 2010



Choices for Maternity Care





Intrapartum Care Principals

- Integrated Unit: Midwifery-led unit principals
 - **Midwifery Led Pathway** (Normal pregnancy, no risk factors)
 - **Maternity Team Pathway** (Obstetrician referral)

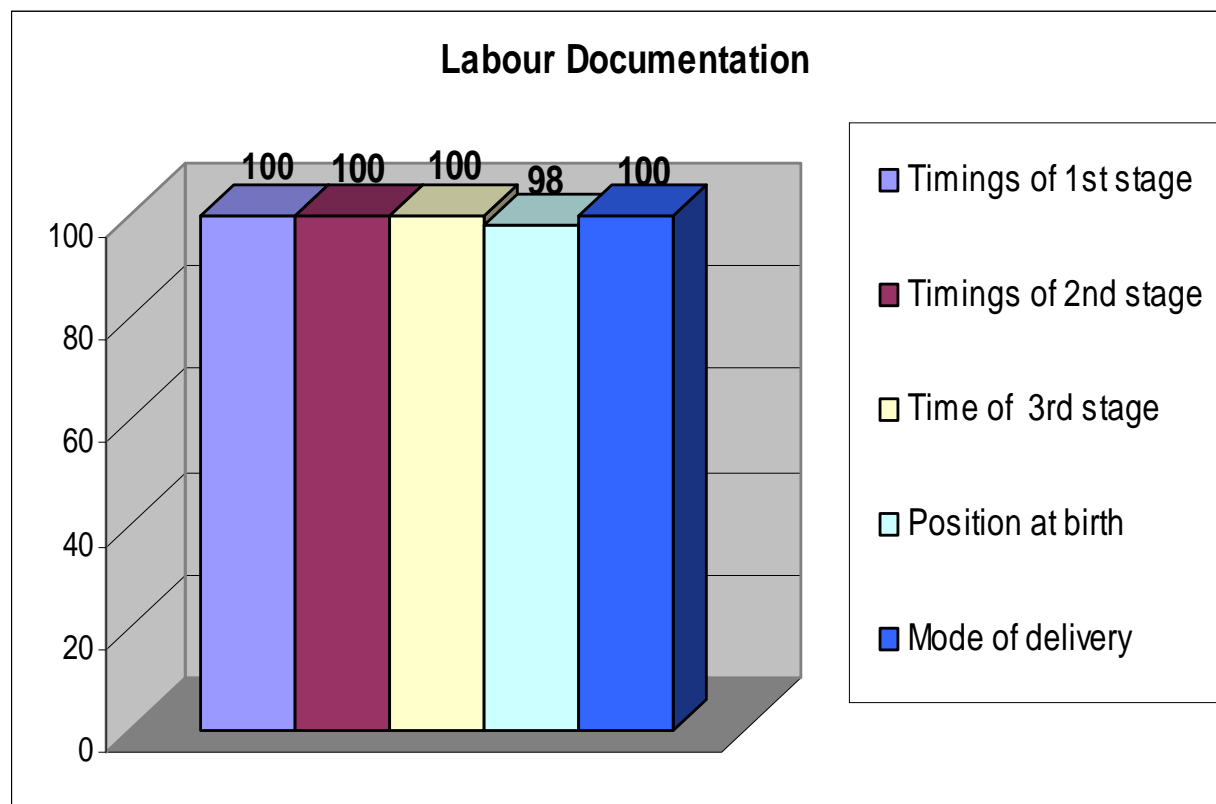
‘Best of both worlds’



All rooms providing a comfortable 'homely' environment, but with facilities for any delivery
Ability to move pathway without moving location



Audit July-October 2010

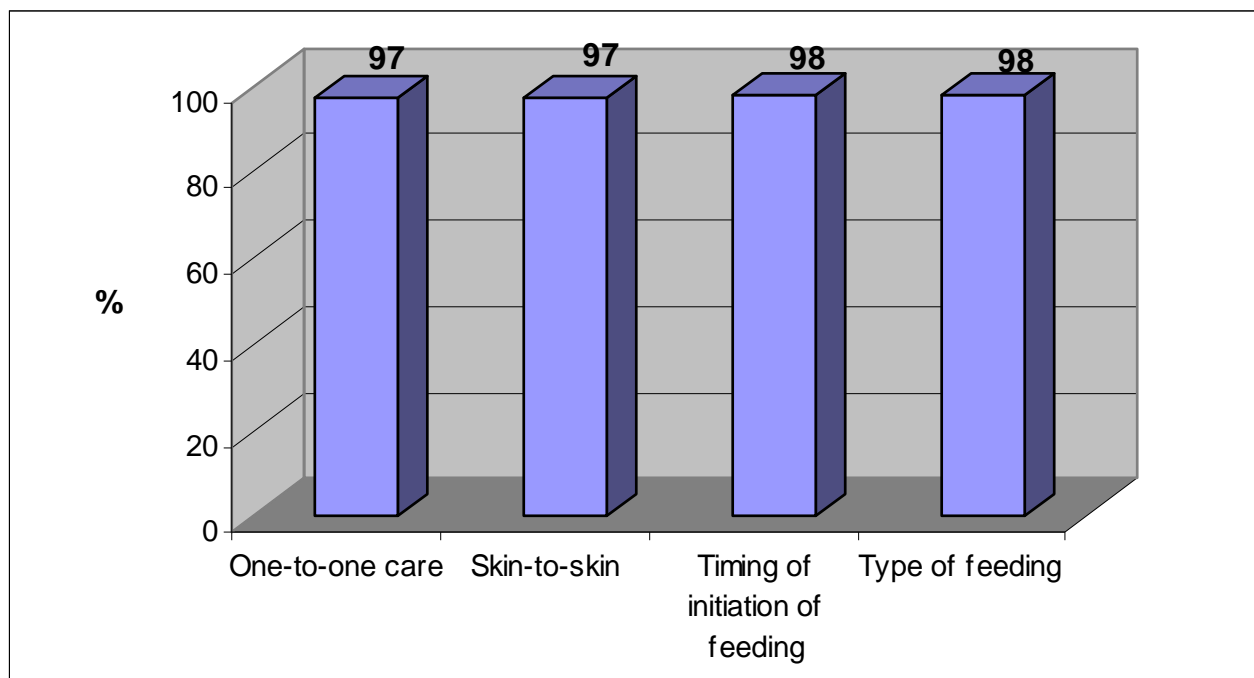




MLC Audit

- **Areas of good practice for documentation**
(Scores >90%)
- **100%:** Timings of labour 1st, 2nd and 3rd stage, time of perineal suturing and name of professional suturing, mode of delivery
- **98%:** Position at birth, timing of initiation of feeding and type of feeding
- **97%:** Assessment at beginning of admission, one-to-one care, woman having skin-to-skin,
- **92%:** Reason for ARM

Audit July-October 2010





MLC Audit

- **Areas of good practice for documentation, with room for improvement: (Scores >80%)**
- **82%**, Birth plan discussion
- **80%**, Indication and discussion of episiotomy, indication for variance in the pathway



MLC Audit

Areas for improvement (Score <50%)

- Pink variance to be used to indicate appropriate return to MLC pathway (44%)
- Caveat – 10 unknowns

Standards & Outcomes of MLC Pathway

Are we truly giving MLC on Labour ward ?

- 12 sets of notes taken at random - audited
- Looked at the same standards
- Looked at the outcomes
- Documentation



Recommendations

- Ensure women are assessed at the beginning of the admission to the Labour ward to identify which pathway should be followed.
- Consider ways to improve documentation in the maternal notes and review the reasons for the omissions.
- To re-audit in six months to determine if there has been any improvement in the gaps that have been identified.

Comparative Data 2009

Spontaneous Births annual 57.3%

CS Rates Range 24%-28%

Peak August 29.9%

One to One Care 95.1% Avg

Waterbirth 18 Year

July – October 2010

Spontaneous Births July–Oct 56.74%

CS Rates July–Oct Avg 24.6%

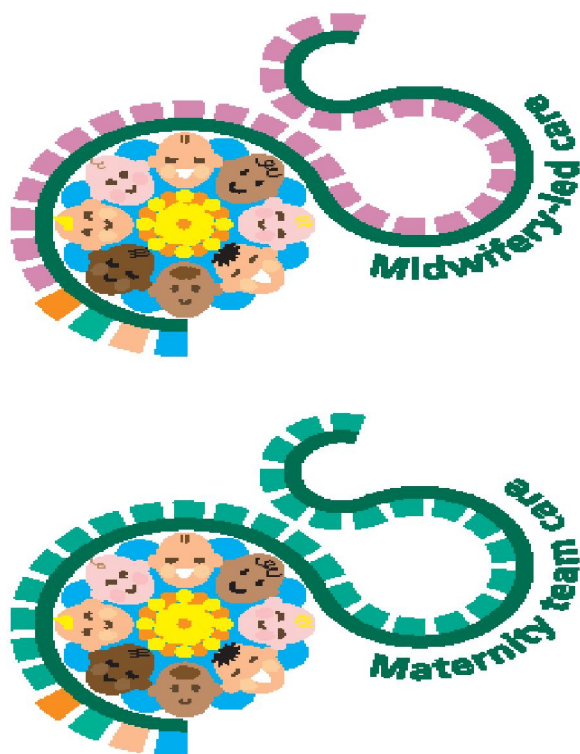
Peak August 28.5%

One to One Care 96% Avg

Waterbirths (29) 1.1%



Revisit the Concept



MLC Pathway

Promotes

Protects

Maintains

**Normal birth for
Women & Midwives**



MLC Pathway

“The Hillingdon Hospital appears to be leading from behind. But in these uncertain times we are not standing still.

We put women first and we celebrate victory by optimising choice to achieve the best outcome”