The Epidemiology of Homelessness and Exclusion

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Homelessness in England

- About 2,400 rough sleepers each night
- 37% increase over 3 years
- 113,000 households applied for homelessness assistance
- 11% increase over 2 years

Crisis 2013



Homelessness in Canada

- >30,000 people homeless each night
- 150,000 people stay at a homeless shelters each year
- 2% of all Canadians have been homeless in the last 5 years

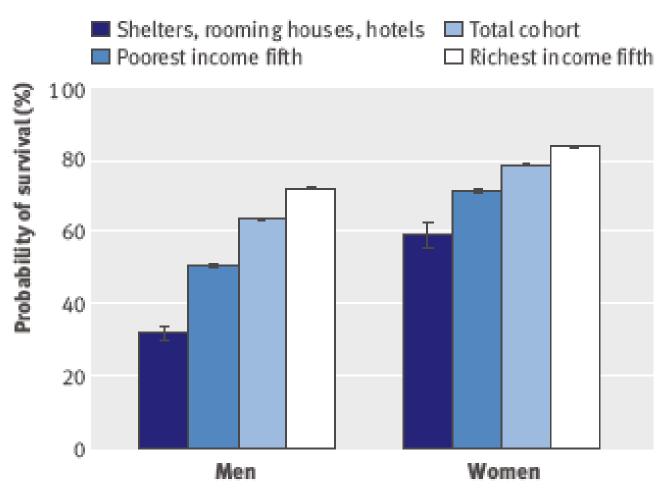
National Shelter Study 2005-2009, HRSDC 2012 The State of Homelessness in Canada, CHRN 2013



- Health Care?
- Housing and Supports?
- Attacking Social & **Economic Exclusion?**



Life Expectancy



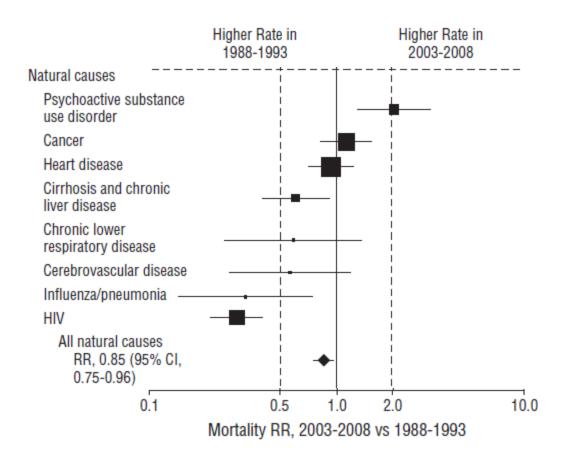
Hwang. BMJ 2009



Health Care?



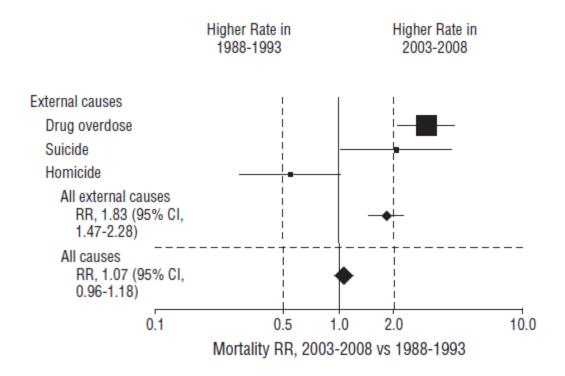
Changes in Mortality Rates



Baggett, JAMA Int Med 2013



Changes in Mortality Rates



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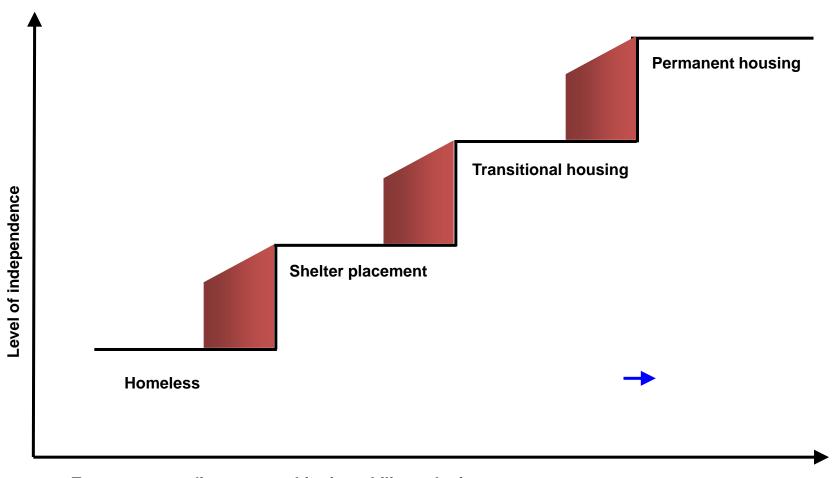


The At Home/Chez Soi Study

- Randomized controlled trial of Housing First interventions for people who are homeless and have serious mental illness
- Sponsored by Mental Health Commission of Canada



The Housing First Model



Treatment compliance + psychiatric stability + abstinence

The Housing First Model

Housing:
Scattered-site
Apartments with Rent
Supplements

+

Support:
Assertive
Community
Treatment

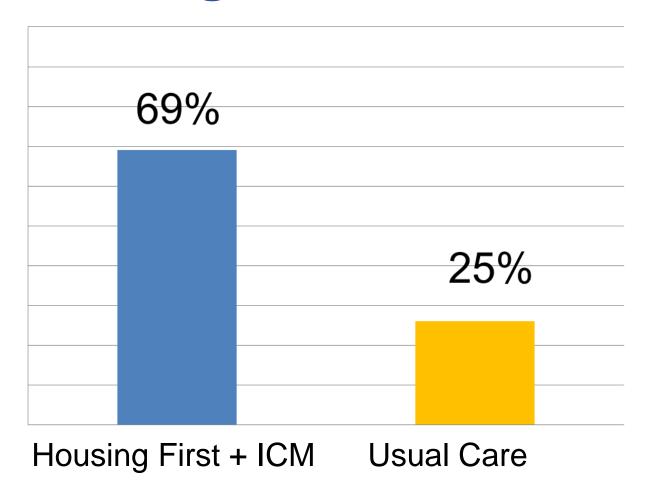
Housing:
Scattered-site
Apartments with Rent
Supplements



Support:
Intensive
Case
Management

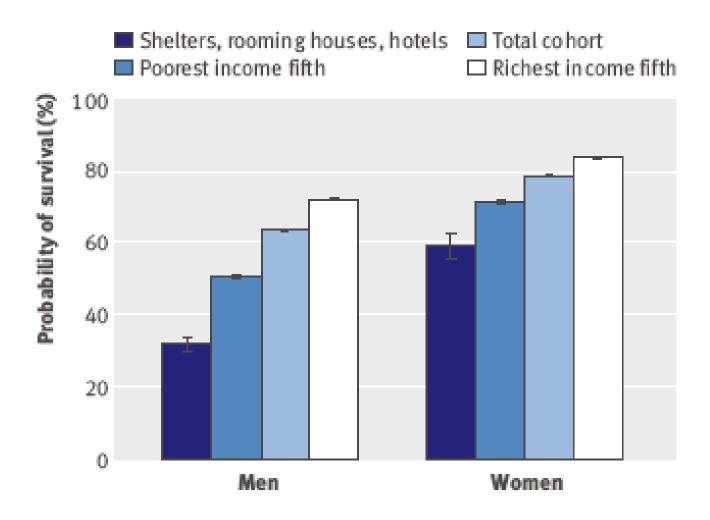
athome.nfb.ca WINNIPEG (1) 0 MONTREAL Co VANCOUVER ADDED 16.10.12 ALL THESE STIGMAS JASON, UNHOUSED PARTICIPANT MONCTON 1 TORONTO THE RESULTS

Percentage of Time Housed





Life Expectancy



BMJ 2009



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