

Three Boroughs

Health Inclusion Team

"Delivering services in Lambeth, Southwark and Lewisham for homeless, refugees, drug & alcohol users,"

**Meeting the contraceptive needs of sex
working women
Presentation by
Paulette Ragan and Amy Hall**

Palace Road Hostel



- **Palace Road 2007-2012 - 10 unplanned pregnancies, 6 children entered care**

Case Study



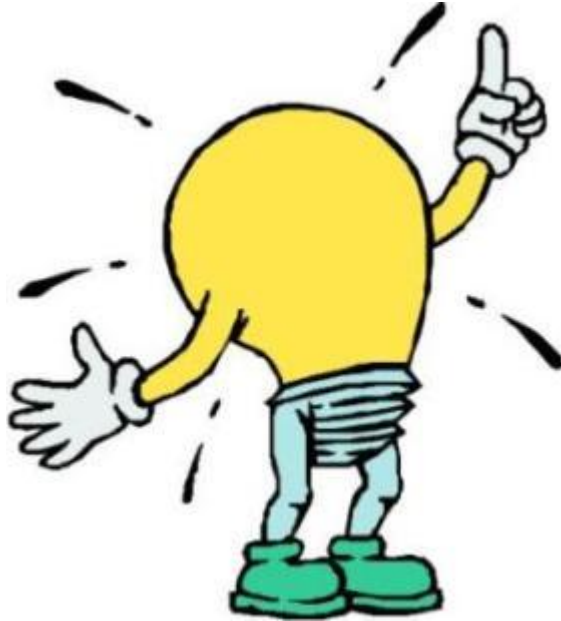
- **History in Care**
- **Learning disability**
- **Crack Addiction**
- **Sex Working**
- **Complex needs**

Issue: Contraceptive needs not met



- **Mainstream team currently only able to provide condoms, emergency contraception, advice**
- **Chaotic lifestyles**
- **Lack of trust**
- **Services not client centred**

First thought – Depo Provera PGD



Second thought – Implants



Client centered approach

- **Service based in hostel**
- **Staff training**
- **Needs assessment**
- **Choice of contraception**



Beer Goggles...!!!





Outcomes so far...

- **Meaningful engagement with 13 women**
- **4 clients had a full sexual health screen**
- **2 clients wanted the patch, and 6 implants inserted**
- **1 client then attended local sexual health clinic of own accord**



Feedback

“ I felt like I was being listened to, and they actually cared about what I wanted”

“ It is good to know specialists are interested in helping and coming to see us”

Breaking the Cycle





Future Pathways...?

- **Future plans: Young people hostels, female only hostels**
- **How to adapt to individual women seen at day centres**
- **Increase STI screening performed by the team**
- **Peer training**

...and that's it

