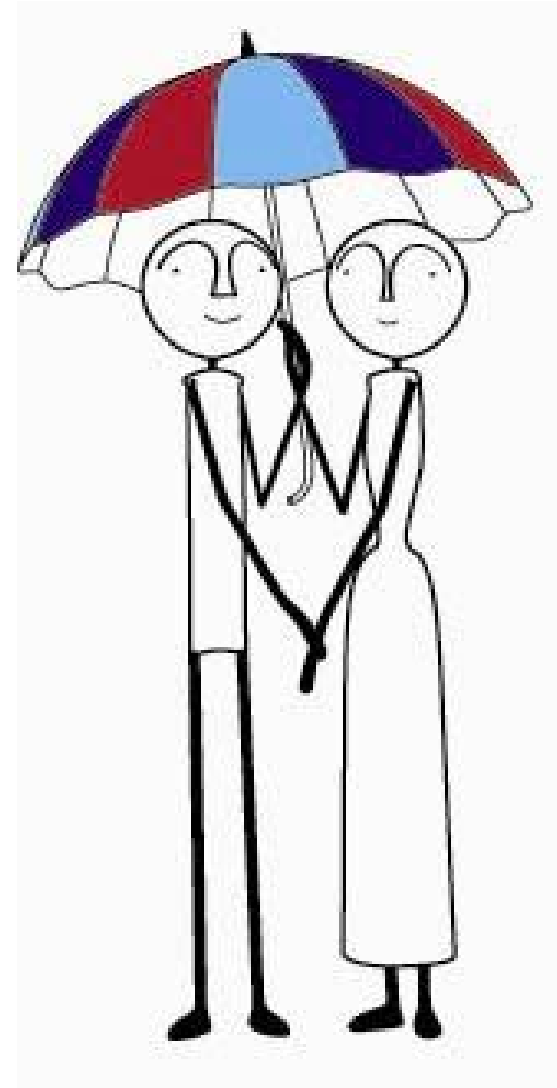


DIY Relationship Support

*new approaches to
strengthening family
relationships*



Becoming Parents

**What
Happens?**

Relationship
satisfaction
declines

Levels
of
conflict rise



Positive
interactions
decrease

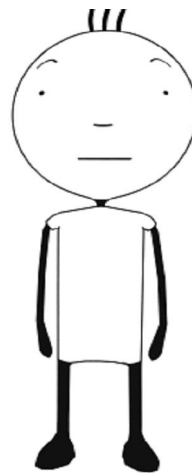


ONE
PLUS
ONE

Building relationships
strengthening families

What is the impact?

**Distressed
parents
+
Distracted
parenting**



CHILD OUTCOMES

Physical Mental health

Educational achievement

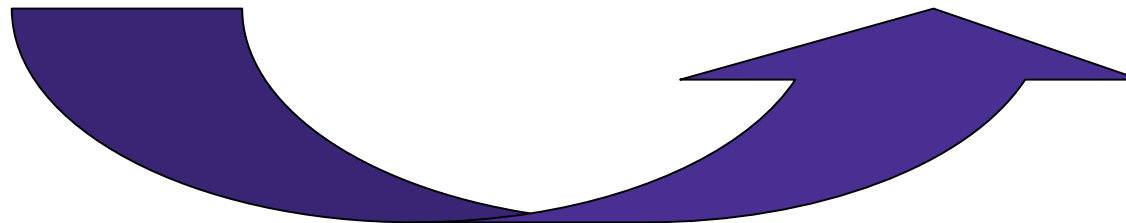
Anti-social behaviour

Offending

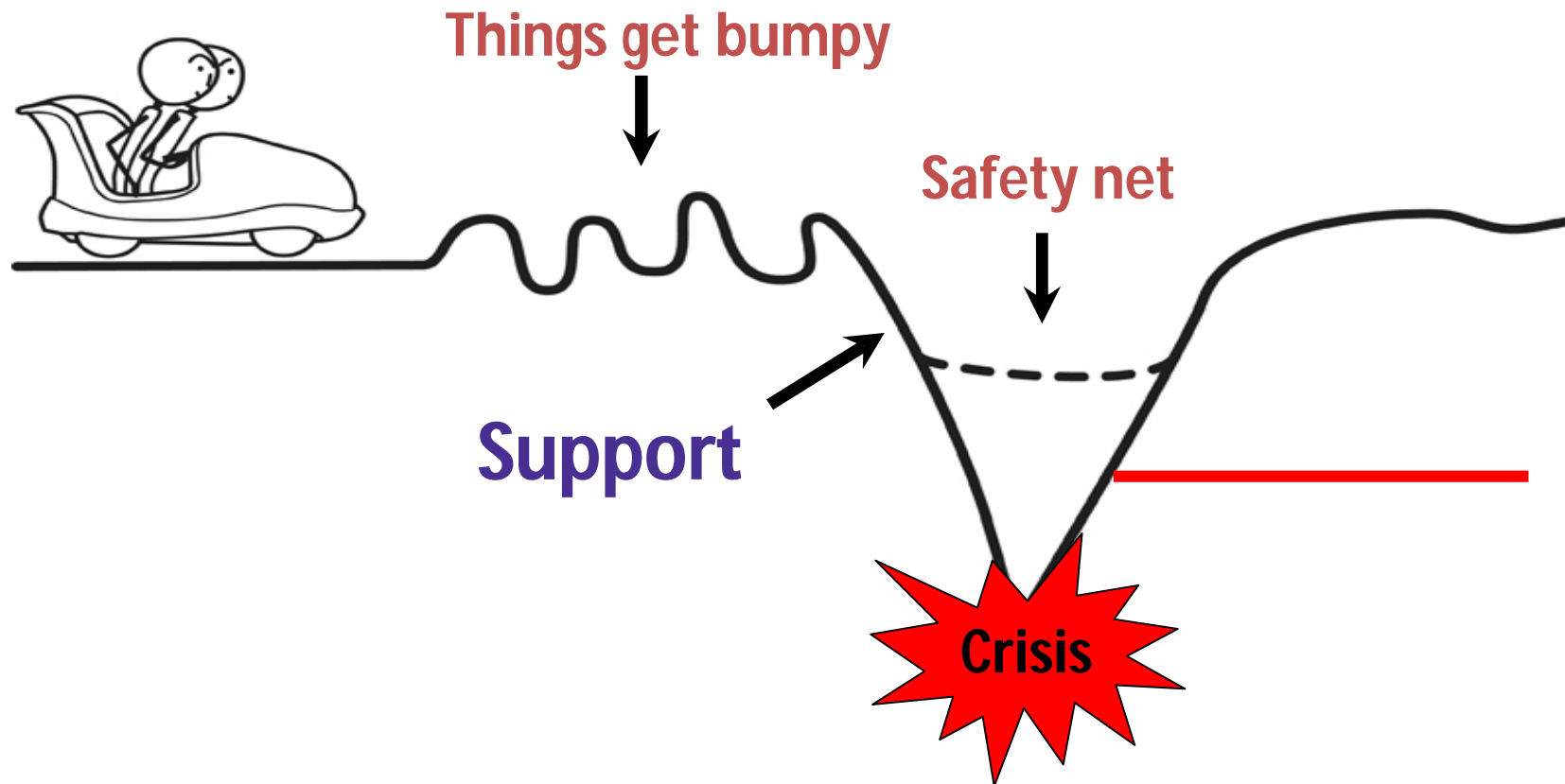
Relationship instability

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strengthening families



Becoming Parents



The rollercoaster of change

Supportive interventions



An online relationship advice and support service for parents and couples



Supporting parents and children through separation

www.parentconnection.org.uk

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strengthening families



The
Baby Game

www.babyclues.org.uk

If you would like to know more....



www.relationship-elearning.org.uk

**A smart way of working
to support relationships**