

UNITE/CPHVA
ANNUAL PROFESSIONAL
CONFERENCE

HEALTHY FAMILY

HEALTHY CHILD

OCTOBER 2010



THE CELTIC REPSONSE WALES

SUSTAINING POSITIVE CHANGE -
INFLUENCING THE FUTURE

Action on Health Visiting
and School Nursing



KEY STRATEGIC DRIVERS IN WALES

- Setting the Direction: Primary and Community Services Strategic Delivery Plan (2010)
- Rural Health Plan (Dec 2009)
- Our Healthy Futures (2009)
- The Community Nursing Strategy (2010)
- The Child Poverty Strategy (2010)
- Building on the success of Flying Start
- One Wales Commitment (2007)



Setting the Direction: Primary and Community Services Strategic Delivery Plan (2010)

The NHS, together with all other public service providers, will need to improve efficiency and redesign services to meet the demographic demands of the future in a financially challenging environment. It is clear to everyone that the status quo is not an option. This vision for primary and community services has at its heart improved outcomes for the citizen, more effective and efficient ways of working within the NHS and with partners including the voluntary sector, carers, and most importantly the patient.

The Rural Health Plan (2009)

The plan includes:

- developing a new 'rural practitioner' role - multi-skilled professionals who will cover services across NHS healthcare and social care - to serve rural communities.



Our Healthy Future (2009)



The Community Nursing Strategy (2010)

The Minister for Health in Wales stated that

“Community and primary care nurses are central to meeting the range of population health needs from promoting health and preventing ill health to dealing with increasingly more complex needs through to end of life care. I want community nurses to use the full range of their skills in improving healthy lifestyles and well being, in providing nursing care and treatment in the community, and in preventing and delaying the onset and early deterioration of chronic conditions”.



Child Poverty Strategy (2010)

The Child Poverty Strategy sets out the Welsh Assembly Government's vision for tackling child poverty in Wales and improving outcomes for children and parents living in low income families. The Delivery Plan sets out the policy action the Assembly Government will deliver to achieve this vision.



Building on the success of Flying Start

- Health Visitors are a trusted service especially amongst disadvantaged communities and have perhaps the best chance to include those families that are most challenging to engage.
- There should be one health visitor full time equivalent per 110 children aged 0-3 in the target areas, together with management and administrative support. Other health professionals should not be counted into this ratio.



The support offered includes;

- Good antenatal support to include parent craft, language and play.
- Promoting positive parenting skills for example using the most appropriate parenting programmes delivered either 1:1 or in a group setting.
- Assessing child development, putting in place an appropriate intervention to address need.
- Therapeutic touch e.g. baby massage.
- Public Health activity eg infant nutrition, maternal mental health, immunisations, dental health.



One Wales Commitment School Nursing (2007)

The One Wales Commitment (2007) sets out the long term plans for reforming the way in which School Nursing services are provided across Wales. The purpose of the service redesign is to ensure that in order to support the challenges that Wales currently are faced with in relation to health then it must start with making a difference in children and young people.



To Conclude

Doing nothing is not an option, Health Visitors and School Nurses are ideally placed having an ideal opportunity through NHS Wales reconfiguration and Welsh Assembly Government Strategy to deliver to their fullest potential, driving the public health agenda, transforming primary and community services by supporting and delivering through integrated ways of working.



WENDY HERBERT

Head of Nursing for Children and
Specialist Community Public Health Nursing
Cardiff and Vale University Health Board

Wendy.Herbert@wales.nhs.uk

